



SCIENCES, CULTURES AND GASTRONOMIC POLICIES FOR WELLNESS

BACHELOR'S DEGREE

Department for
Innovation in
Biological, Agro-Food
And Forest System

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UNIVERSITÀ
DEGLI STUDI DELLA
TUSCIA

SCIENCES, CULTURES AND GASTRONOMIC POLICIES FOR WELLNESS

BACGELOR'S DEGREE

Inter-university: "Sapienza" of Rome and "Tuscia" of Viterbo
Inter-faculty: Medicine-Dentistry and Medicine-Pharmacy

The degree course in Sciences, cultures and gastronomic policies for well-being (L / GASTR) is managed from Sapienza University of Rome and has as its teaching centers the Faculties of Medicine and Dentistry and Pharmacy and Medicine in Rome.

Graduates in "Sciences, cultures and gastronomic policies for well-being" will develop knowledge, understanding, and skills such as to be able to analyze the agri-food and food and wine systems, particularly about biodiversity, safety, and sustainability, concerning their relationships with ecosystems, with physiology and human behavior, in the light of humanities, social, economic, legal and political sciences, communication and marketing.

These objectives are pursued through the complex training activities, which combine frontal teaching activities, group work, activities of discussion/comparison (journal club, evaluation of material and documents on audiovisual or computer support, seminars, and study groups), activities laboratory and field training.

The training path of the Degree Course in "Sciences, gastronomic cultures and policies for well-being" intends to train an expert professional figure with interdisciplinary knowledge on the relationship between food, culture, territories, food, and human health.

INFO AND CONTACTS

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L-GASTR
Sciences, cultures and
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For wellness

Years: 3
ECTS: 180

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